

# 3motionAI BASEBALL



## QUICK START GUIDE

[3motion.ai/baseball](https://3motion.ai/baseball)

---

# Welcome to 3motionAI Baseball.

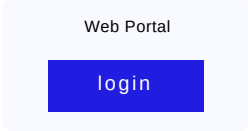
## Biomechanics For Everyone. Everywhere.

This onboarding document will guide you through the critical steps of using the App and Web Portal to ensure a smooth start. Let's get started!

### Creating an Account

1. You should have received an email invite from noreply@3motionai.com. Please check your Junk or Spam folder if you can't find it.
2. Select the provided link to set up your password and profile on our 3MotionAI Web Portal.
3. Once there select "Register".

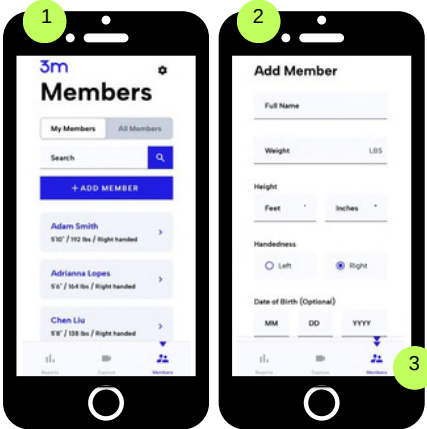
Your account will be created and you'll be automatically logged into the Web Portal. These same credentials will be used to log into the App.



### Creating a Member Profile

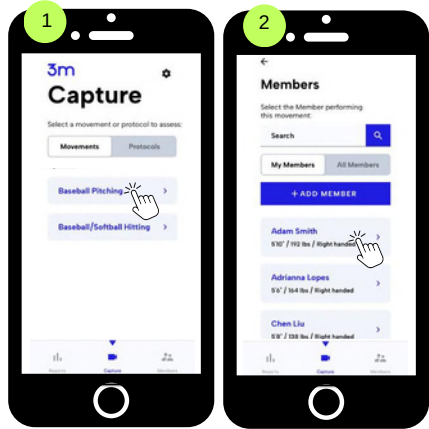
A member is the person you're recording in your movement assessment video.

1. On the Members tab on the app, select "+ Add Member".
2. Enter the member's profile information.
3. Select "Add Member" to add them to your members list.



## Collecting Assessments

1. On the Capture tab, select the movement type you would like to capture.
2. Select the Member you would like to capture/assess.
3. Point your phone/tablet to the person you want to capture/assess.  
Then select Start Assessment.

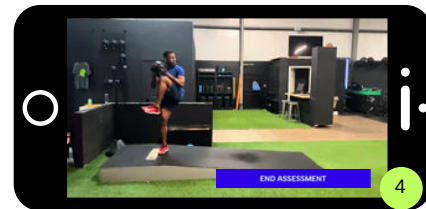


### 💡 Recording tips:

- Keep the whole body of the person in view in the middle of the screen.
- A single person on the screen.
- Focus by touching the screen where the person is.

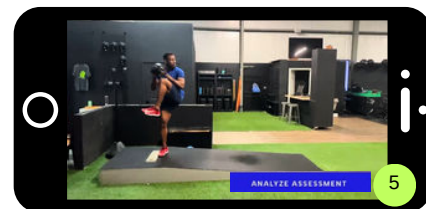


4. When the member has completed the Task, select End Assessment.
5. Watch back the Task to confirm if the video is correct. Select Analyze Assessment, and the video will begin processing for Advanced Analysis.



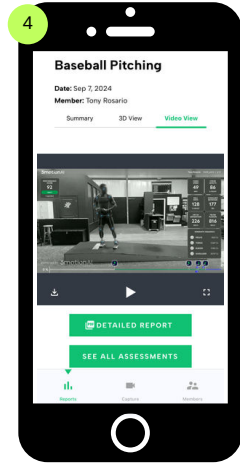
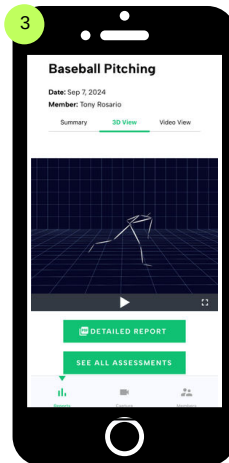
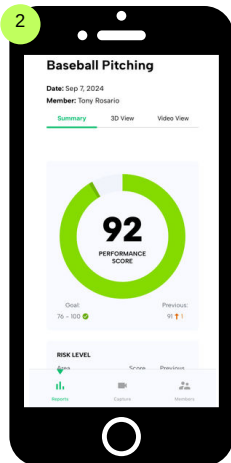
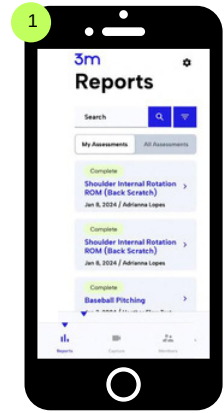
### 💡 Analysis tips:

Depending on the movement you select, you may be prompted to enter additional details. Adding movement details will improve accuracy of the performance score.

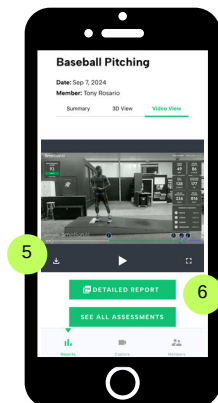


## View Reports: iOS App

1. On the Reports tab, select the analysis you'd like to view.
2. You will see a performance score of your analysis. This is our internal grading of your movement.
3. You can view your analysis in 3D through our 3D view.

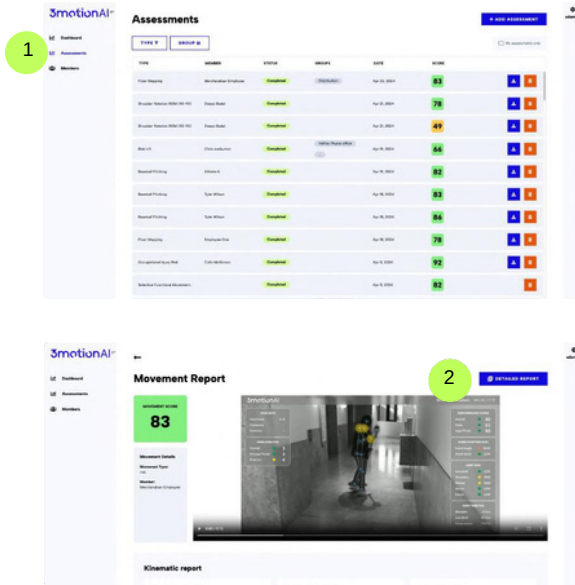


4. To view our infamous overlay video, select "Video View".
5. To download the video, select the download (📄) button.
6. To view the PDF report, select "Detailed Report." To share the report, select the share icon on the top right of the PDF.



## View Reports: Web Portal

1. On the Assessments tab, select the analysis you'd like to view.
2. To view the PDF report, select "Detailed Report." To share the report, select the share icon on the top right of the PDF.



## Adding Admin Users

1. Log into the 3motionAI Web Portal and access Settings by selecting the settings button in the top right corner, then "My Account". Select the Users tab at the top, then select "+ Add User".
2. Select the new user's role (Owner or Admin), enter their email, first name, and last name, and add them to their relevant groups (if applicable). Select "Add User."
3. You'll see a confirmation message. The User you just added will receive an email invitation from noreply@3motionai.com and will be prompted to create their account.

## Support Resources

feedback email

[feedback@3motionai.com](mailto:feedback@3motionai.com)

FAQ & Help Center

[Visit "Our Community Page"](#)

Contact Support

[Create Support Ticket](#)

**3motionAI**  
**BASEBALL**

---

Thank you for choosing 3motionAI Baseball as your partner. Your success is our priority, and we're happy to have you on board. If you have any questions or feedback or need assistance during your application setup, please don't hesitate to contact our dedicated customer support team. We're here to support you every step of the way.

The 3motionAI Team